

Sharon J. Harms

b. 1957, Michigan, USA

Lives and works in Nashville, Tennessee

sharonharmsart@gmail.com | sharonharmsart.com

Bio

I began pursuing painting full-time in 2020, after a decades-long career as an award-winning graphic designer and art director. My work is heavily influenced by my time in the advertising business where I honed my skills as a visual communicator and storyteller. Although I have taken an introductory college painting class, I am otherwise self-taught as an artist.

Exhibitions**2025**

Boynes Art Prize, International Art Competition 12th Edition, 3rd Place Winner, Melbourne, Australia

Homiens Art Prize, International Art Competition Spring 2025, Highly Commended Artist, New York, NY

Almenara Art Prize, International Painting Competition, Four Works Selected for Online Exhibition, Córdoba, Spain

FiKVA Award for Painters 2025, Top 50, International Juried Exhibition, FiKVA-foundation (Figuratieve Kunst Vandaag), Antwerp, Belgium

CollexArt 2025 Grand Prize Art Call, International Juried Exhibition (online), Artist Profile Winner, Portland, ME

2024

Allied Artists of America 111th Annual Exhibition, National Invitational Exhibition, Butler Institute of American Art, Youngstown, Ohio

Hyperrealism, Group Exhibition, Blue Spiral 1 Gallery, Asheville, NC

2023

Up in Arms, Juried Exhibition, The Museum of Contemporary Art Nashville (MOCAN) in partnership with Cë Gallery and Arts4Impact, Nashville, TN

Still, International Juried Exhibition, Awarded Best of Slow, ArtFluent.com

FiKVA Award for Painters 2023, International Juried Exhibition, Top 100, FiKVA-foundation (Figuratieve Kunst Vandaag), Antwerp, Belgium

At Rest: A Still Life Invitational, Group Exhibition, Customs House Art Museum, Clarksville, TN

Pushing Forward Reaching Back, National Juried Exhibition, American Women Artists, Brookgreen

Gardens Museum, Murrells Inlet, SC

She, International Juried Exhibition, ArtFluent.com

2022

FiKVA Award for Painters 2022, Top 35, International Juried Exhibition, FiKVA-foundation (Figuratieve Kunst Vandaag), Antwerp, Belgium

Mood, International Juried Exhibition, ArtFluent.com

Mimic, International Juried Exhibition, Manifest Gallery, Cincinnati, OH

Spring Online Exhibition, National Juried Exhibition, American Women Artists

Feminist Insight: Telling Her Story, National Juried Exhibition, Ellington-White Contemporary Gallery, Fayetteville, NC

Breaking Through: The Rise of American Women Artists, National Juried Exhibition, American Women Artists, Customs House Art Museum, Clarksville, TN

2021

Narrative Still Life, National Juried Exhibition, Catholic Art Institute, Chicago, IL

ViewPoint 53, Cincinnati Art Club's National Juried Exhibition, Cincinnati, OH

Publications

2026 / *Visual Art Journal*, [Interview](#)

2025 / *Boynes Artist Award*, [Interview](#)

2025 / *Create! Magazine*, [Interview](#)

2025 / *Create Magazine!*, Volume 52

2024 / *ArtFluent.com*, Curator's Choice, [March Issue](#)

2023 / *Studio Visit Magazine*, Volume 51/52

2022 / *Create Magazine!*, Volume 33

2022 / *Artist Magazine*, Artists Over 60, March/April Issue