

Sharon J. Harms

b. 1957, Michigan, USA

Lives and works in Nashville, Tennessee

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Bio

I began pursuing painting full-time in 2020, after a decades-long career as an award-winning graphic designer and art director. My work is heavily influenced by my time in the advertising business where I honed my skills as a visual communicator and storyteller. Although I have taken an introductory college painting class, I am otherwise self-taught as an artist.

Exhibitions

2026 | *Still Lifes, Shifting Narratives*, Solo Exhibition, Customs House Museum, Clarksville, Tennessee

2024 | *Hyperrealism*, Group Exhibition, Blue Spiral 1 Gallery, Asheville, NC

2023 | *Up in Arms*, Juried Exhibition, The Museum of Contemporary Art Nashville (MOCAN) in partnership with Cē Gallery and Arts4Impact, Nashville, TN

2023 | *Still*, International Juried Exhibition (online), Best of Slow, ArtFluent.com

2023 | *At Rest: A Still Life Invitational*, Group Exhibition, Customs House Art Museum, Clarksville, TN

2023 | *Pushing Forward Reaching Back*, National Juried Exhibition, American Women Artists, Brookgreen Gardens Museum, Murrells Inlet, SC

2023 | *She*, International Juried Exhibition (online), ArtFluent.com

2022 | *Mood*, International Juried Exhibition (online), ArtFluent.com

2022 | *Mimic*, International Juried Exhibition, Manifest Gallery, Cincinnati, OH

2022 | *Spring Online Exhibition*, National Juried Exhibition, American Women Artists

2022 | *Feminist Insight: Telling Her Story*, National Juried Exhibition, Ellington-White Contemporary Gallery, Fayetteville, NC

2022 | *Breaking Through: The Rise of American Women Artists*, National Juried Exhibition, American Women Artists, Customs House Art Museum, Clarksville, TN

2021 | *Narrative Still Life*, National Juried Exhibition (online), Catholic Art Institute, Chicago, IL

2021 | *ViewPoint 53*, Cincinnati Art Club's National Juried Exhibition, Cincinnati, OH

Competitions

2026 | *Homiens Art Prize*, International Art Competition Winter 2025, Finalist, New York, NY

2026 | *FikVA Award for Painters 2025*, International Juried Exhibition, Honorable Mention, Antwerp, Belgium

2025 | *Boynes Art Prize*, International Art Competition 12th Edition, 3rd Place Winner, Melbourne, Australia

2025 | *Homiens Art Prize*, International Art Competition Spring 2025, Highly Commended Artist, New York, NY

2025 | *Almenara Art Prize*, International Painting Competition, Four Works Selected for Online Exhibition, Córdoba, Spain

2025 | *FiKVA Award for Painters 2025*, Top 50, International Juried Exhibition, FiKVA-foundation (Figuratieve Kunst Vandaag), Antwerp, Belgium

2025 | *CollexArt 2025 Grand Prize Art Call*, International Juried Exhibition (online), Artist Profile Winner, Portland, ME

2023 | *FiKVA Award for Painters 2023*, International Juried Exhibition, Top 100, FiKVA-foundation (Figuratieve Kunst Vandaag), Antwerp, Belgium

2022 | *FiKVA Award for Painters 2022*, Top 35, International Juried Exhibition, FiKVA-foundation (Figuratieve Kunst Vandaag), Antwerp, Belgium

Publications

2026 / *Visual Art Journal*, [Interview](#)

2025 / *Boynes Artist Award*, [Interview](#)

2025 / *Create! Magazine*, [Interview](#)

2025 / *Create Magazine!*, Volume 52

2024 / *ArtFluent.com*, Curator's Choice, [March Issue](#)

2023 / *Studio Visit Magazine*, Volume 51/52

2022 / *Create Magazine!*, Volume 33

2022 / *Artist Magazine*, Artists Over 60, March/April Issue